

## Merrill Center Outpatient Services

607 N. Sales Street, Suite 309 • Merrill, Wisconsin 54452  
715.536.9482 (Office)

### PROVIDERS & COUNSELING SERVICES



**Cara Reed Therapist**  
Licensed Professional Counselor,  
Certified Social Worker  
*Specialty Care:* Adults



**Gizelle Hanke Therapist**  
Licensed Professional Counselor-IT,  
Substance Abuse Counselor  
*Specialty Care:* Adults, Children & Adolescents



**Lindsay Krueger Therapist**  
Substance Abuse Counselor-IT,  
Licensed Clinical Social Worker  
*Specialty Care:* Adults



**Janis Southworth Therapist**  
Licensed Professional Counselor,  
Substance Abuse Counselor,  
*Specialty Care:* Children 5+, Adolescents,  
Adults, Families, Couples

## Tomahawk Office Outpatient Services

213 W. Wisconsin Ave • Tomahawk, Wisconsin 54487  
715.453.5381 (Office)

### PROVIDERS & COUNSELING SERVICES



**Janis Southworth Therapist**  
Licensed Professional Counselor,  
Substance Abuse Counselor  
*Specialty Care:* Children 5+, Adolescents,  
Adults, Families, Couples

### OUTPATIENT PSYCHIATRISTS:

**Dia Arpon, MD** – Adult Psychiatry  
**Dileep Borra, MD** – Adult Psychiatry  
**Gabriella Hangiandreou, MD** – Child & Adolescent Psychiatry  
**Leandrea Lamberton, MD** – Adult Psychiatry \*Telepsychiatry  
**Gabriel Ticho, MD** – Adult Psychiatry  
**Susan Tran, MD** – Adult, Child & Adolescent Psychiatry \*Telepsychiatry  
**Sencan Solay Unal, MD** – Child & Adolescent Psychiatry  
**Gregory Varhely, MD** – Adult Psychiatry \*Telepsychiatry  
**Robert Gouthro, MD** – Chief Medical Officer  
**Richard Immler, MD** – Adult, Child & Adolescent Psychiatry  
**Tiffany Pluger, APNP** – Adult Psychiatry

## Outpatient Services

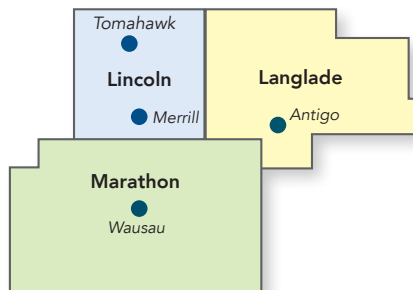
North Central Health Care offers a State-certified outpatient clinic that provides a variety of outpatient mental health and substance abuse services available to residents in the counties of Marathon, Langlade and Lincoln.

Each person's care and recovery is unique to their situation. North Central Health Care has developed a variety of outpatient treatment options available for a variety of diverse situations delivered by a professional, experienced team of providers.

For more information, contact North Central Health Care Outpatient Services weekdays from 8:00 am to 4:30 pm at **715.848.4356**.

## Accessible Care

Outpatient offices are located in each of the three counties we serve with treatment available in **Wausau, Antigo, Merrill** and **Tomahawk**.



Revised 6/2020



# North Central Health Care

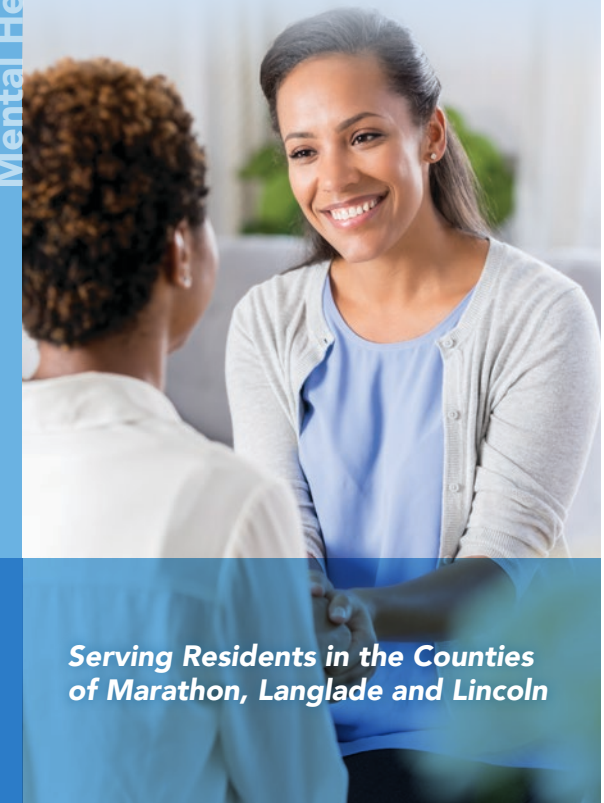
Person centered. Outcome focused.

# OUTPATIENT Provider Directory

For more information, contact  
North Central Health Care  
weekdays from 8:00 am to 4:30 pm  
**715.848.4356**

Please visit our online Provider Directory  
at [www.norcen.org/provider-directory](http://www.norcen.org/provider-directory)

Mental Health & Substance Abuse Treatment



*Serving Residents in the Counties  
of Marathon, Langlade and Lincoln*

## Wausau Campus Outpatient Services

1100 Lake View Drive • Wausau, Wisconsin 54403  
715.848.4356 (Office)

### PROVIDERS & COUNSELING SERVICES



**Caitlin Baldauff** *Therapist*  
Licensed Professional Counselor,  
Substance Abuse Specialist  
*Specialty Care:* Adults, Families, Couples



**Danielle Behrens** *Therapist*  
Licensed Professional Counselor,  
Substance Abuse Counselor  
*Specialty Care:* Marathon County Jail Specialist



**Kathy Casmeay** *Therapist*  
Licensed Marriage and Family Therapist  
*Specialty Care:* Adults, Children, Families, Couples



**Gizelle Hanke** *Therapist*  
Licensed Professional Counselor-IT,  
Substance Abuse Counselor  
*Specialty Care:* Adults, Children & Adolescents



**Sheryl Hemp** *Therapist*  
Licensed Professional Counselor, Licensed Clinical  
Social Worker, Substance Abuse Specialist  
*Specialty Care:* Adults, Couples



**Laurie A. Hines** *Counselor*  
Clinical Substance Abuse Counselor,  
Intoxicated Driver Program – Assessor Trained  
*Specialty Care:* Adults – OWI Assessor for Marathon,  
Langlade & Lincoln Counties



**Jennifer Jacobson** *Therapist*  
Licensed Clinical Social Worker,  
Substance Abuse Specialist  
*Specialty Care:* Adults, Children 8+



**Dakota J. Kaiser**  
*Post-Doctoral Psychology Fellow*  
Licensed Professional Counselor,  
Substance Abuse Counselor  
*Specialty Care:* Adults, Children, Families,  
Psychological & Cognitive Assessments



**Karen Klos** *Counselor*  
Substance Abuse Counselor,  
Licensed Practical Nurse  
*Specialty Care:* Adults



**Brittney Mengel** *Counselor*  
Substance Abuse Counselor  
*Specialty Care:* Adults 16+, Outpatient Groups



**Melissa Niedfeldt** *Therapist*  
Licensed Professional Counselor,  
Clinical Substance Abuse Counselor  
*Specialty Care:* Children 5+, Adults



**Carrie Paisar** *Therapist*  
Licensed Professional Counselor,  
Substance Abuse Specialist  
*Specialty Care:* Children 5+, Adults, Families



**Claire Udell** *Post-Doctoral Psychology Fellow*  
Doctor of Clinical Psychology  
Masters of Education in Clinical Human Sexuality  
Board Certified Biofeedback  
*Specialty Care:* Adult Individual Psychotherapy

## Antigo Center Outpatient Services

1225 Langlade Road • Antigo, Wisconsin 54409  
715.627.6694 (Office)

### PROVIDERS & COUNSELING SERVICES



**Lauren Bessa** *Therapist*  
Licensed Clinical Social Worker  
*Specialty Care:* Children 5+, Adults, Family



**Tanya Zaloudek** *Therapist*  
Licensed Professional Counselor,  
Independent/Intermediate Clinical Supervisor,  
Intoxicated Driver Program – Assessor Trained  
*Specialty Care:* Children, Adolescent, Adults, Families



**Jennifer Jacobson** *Therapist*  
Licensed Clinical Social Worker,  
Substance Abuse Specialist  
*Specialty Care:* Adults, Children 8+



**Lindsay Krueger** *Therapist*  
Substance Abuse Counselor-IT,  
Advanced Practice Social Worker  
*Specialty Care:* Adults



**Cara Reed** *Therapist*  
Licensed Professional Counselor,  
Certified Social Worker  
*Specialty Care:* Adults

