



Volunteer News

Mark Your Calendars!

April 2018 Events

April 1	Easter Sunday, meet Gardenside Crossing, 1:30 pm – 3:30 pm	3
April 4	Sunshine Gals, 1st Floor Dining Room, 10:15 am – Noon	2
April 12	Greeters for Health Fair, Mount View Lobby, 1 pm – 6 pm	3
April 13	Grandfriends, 1st floor Dining Room, 1:45 pm – 3:30 pm	3
April 14	Bingo, 2nd floor Dining Room, 1:30 pm – 3:30 pm	4
April 21	Mennonite Singers, 2nd floor Dining Room, 10:00 am – 11:30 am	2
April 23	Laundry Tours, Gardenside Crossing, 1:15 pm – 3:15 pm	4
April 30	Movie Theater Outing, Gardenside Crossing, 1 pm – 4:30 pm	1

May 2018 Events

May 2	Sunshine Gals, 1st Floor Dining Room, 10:15 am – Noon	2
May 12	Bingo, 2nd Floor Dining Room, 1:30 pm – 3:30 pm	4
May 14	Nursing Home Celebration, 1st floor Dining Room, 1:30 pm – 3:30 pm	4
May 18	Grandfriends, 1st floor Dining Room, 1:45 pm – 3:30 pm	3
May 18	Cecilia on Evergreen, meet at Lake View Heights, 1:30 pm – 3:30 pm	3
May 19	Mennonite Singers, 2nd Floor Dining Room, 10:00 am – 11:30 am	2

SAVE THE DATES – for these upcoming activities

June 28	Celebration of Life Ceremony, Mount View Patio, 5:30 pm – 8:00 pm	4
July 12	Farm Technology Days in Marshfield, 10:30 am – 4:30 pm	8
July 13	Petting Zoo, Mount View Patio, 1:30 pm – 3:30 pm	6
Aug 1-3	Wisconsin Valley Fair Outing	TBD
Aug 23	Edgar Steamshow	TBD

***Every Thursday & Friday afternoon we are in need of 3 volunteers to assist with our afternoon activities from 1:30 – 3:30 pm...Join the Fun!**

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Our Vision

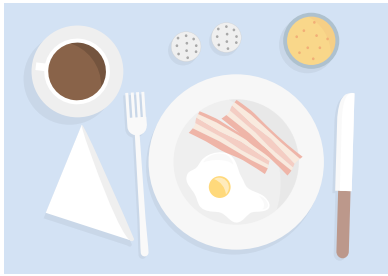
The vision of North Central Health Care Volunteers is to be recognized as a leader in providing innovative and rewarding volunteer and donor opportunities to help advance the mission of North Central Health Care: *Partnering together to provide compassionate and specialized care for people with complex behavioral and skilled nursing needs.*

Mission Statement

Our volunteers are committed to providing quality services for our residents and clients. Our programs are aimed at creating a warm, friendly, home-like environment with a genuine concern for the dignity and special needs of each individual. Volunteers enable clients and residents to have programs and events within our organization as well as taking part in community outings.

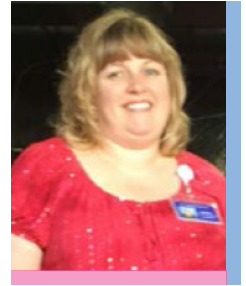
Lives Enriched and Fulfilled.

VOLUNTEER RECOGNITION BREAKFAST



Dear Volunteers: As we eagerly anticipate the arrival of Spring, I look forward to seeing you all at the Volunteer Recognition Breakfast. Kathy and I are busy planning a lovely breakfast celebration. We look forward to seeing you and sharing a morning together.

I hope you will be able to join us this year on Thursday, April 19 from 9 am–11 am at Dale's Weston Lanes Banquet Hall.



Laural Harder
Volunteer Services
Coordinator

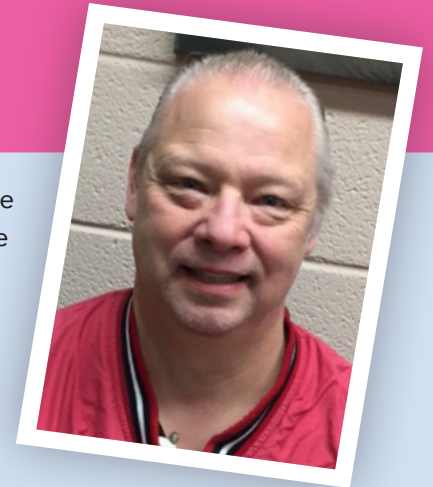
Volunteer Spotlight

Rick Meyer

Rick has been involved with North Central Health Care since he was in high school. He was known as Mr. Rick in Birth to 3 for 35 years. While working here he decided he wanted to volunteer at NCHC too.

Rick has been volunteering since 2008. Currently, he volunteers as a pool pal with the Adult Day Service clients, which he does 3 days a week. Rick assists with taking residents on outings both on and off site and he transports ladies from the Beauty Shop on Monday mornings.

Rick says he enjoys people and likes to be helpful and enjoys being a part of someone's care. Outside of NCHC, Rick also volunteers with the school district and enjoys singing karaoke.

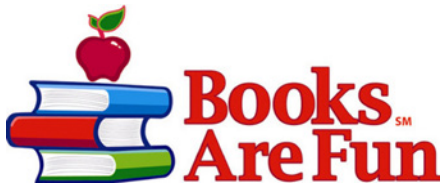


Rick, we certainly appreciate your time and dedicated service to our clients and residents for the past 10 years. Thank you!

FLOWER SALE

This year the volunteer office will be selling flowers for Mother's Day the week of April 2 – 6 from 9:30 am – 1:30 pm in the NCHC cafeteria. Please stop in the Cafeteria to place your order or call the Volunteer Office (715-848-4450) to place your order by phone. Flowers will be delivered on Thursday, May 10.





Books Are Fun & Collective Good Sale

The next Books Are Fun sale will be Friday, May 18th from 9:00 am – 3:00 pm in the North Central Health Care Cafeteria.

EMAIL COMMUNICATION

The Volunteer Services department would like to communicate with you through email. We would like to send out updates and volunteer needs on a more regular basis and doing this through email will be a more timely way to communicate. If you have an email that you check regularly, please let the volunteer office know. Contact us at 715-848-4450 or email your address to LHarder2@norcen.org.

NEW VOLUNTEER BADGE

If you have not yet received your new volunteer badge, please stop into the Volunteer Services Department to get a new photo taken. We will also be taking pictures at the volunteer breakfast.

AREAS OF NEED

Fashion Boutique – Transport residents to and from the Fashion Boutique for a little shopping on Wednesday afternoons.

Gift Shop – We have an immediate cashier need in the Heartfelt Gift Shop. This quaint little gift shop is open Mon thru Fri 9 am – 3 pm.



ITEMS OF NEED

- Elmer's Glue
- Finger Paints
- Paper Plates
- Photo Albums
- Glue Sticks
- Clear Contact paper
- Colored contact paper
- Bingo prizes for Men
- Acrylic Paint (no water base) 2 oz. tubes preferred
- Rounded end scissors
- Glitter, Stickers
- Stamps
- Fans – As the weather begins to heat up we have several clients that could use a gently used fan in good working order. Please contact the Volunteer Services office at 715-848-4450 if you would have a fan to donate.
- Blank cards and envelopes
- Hole punch
- Pipe cleaners
- Ribbon
- Paper cups
- Paper plates
- Napkins
- Activity blankets for those with Dementia
- Nose trimmers
- Pony tail holders
- Hair clips of all kinds
- Hairspray (pump kind)

Driver's CORNER

"As you grow older, you will discover that you have two hands — one for helping yourself, the other for helping others." — Audrey Hepburn

What a great quote! I found this to be my inspiration for this quarter's volunteer newsletter article.

I think about all that you do for our clients on a daily basis and I am floored by the personal care you provide to our clients, residents and patients. Whether it is helping out with bingo, cashiering in the gift shop, riding along to a medical appointment (to help curb anxiety) or driving someone to the store to pick up groceries, the impact you have on our community is not measured in the hours volunteered, it is measured in the smiles you produced through your volunteering efforts. The personal

connection that you have with our clients, patients and residents is extraordinary and irreplaceable.

Staff, Leadership and the Executive Teams are aware and acknowledge the impact our volunteers have at NCHC. We appreciate you and your work though we may not always articulate it on a daily basis. Thank you again for being an important and vital part of the North Central Health Care team!

Stay warm and happy. It's almost Spring (hopefully)!

– Jenny McKenzie in the Transportation Office

We thank our Volunteers for all their help with so many different projects throughout the year!

HANGING BASKETS & PATIO PLANTERS



NCHC FUNDRAISER

North Central Health Care
PHONE: 715-848-4449

Seller's Name:

NAME:	PHONE:						QTY	TOTAL
		\$24	\$24	\$24	\$26	\$26		



PROCEEDS WILL BENEFIT: **NCHC**

TOTAL DUE

*Colors may vary.

SALE ENDS FRIDAY, APRIL 6th, 2018
 Pick-up Thursday, May 10th at Volunteer Services Office after 11 am
 Pre-paid orders only. Please make checks payable to: **NCHC**



ATTENTION SENIORS: FREE HEALTH FAIR EVENT IN WAUSAU

FALL PREVENTION & BALANCE CLINIC

THURSDAY, APRIL 12, 2018 • 1–6 PM

MOUNT VIEW CARE CENTER • 2400 MARSHALL STREET, WAUSAU



Anyone can be at risk of falling and injuring themselves. Several factors can contribute to your fall risk – from diet and medications to blood pressure and blood sugar, and much more! Find out how you measure up by attending this FREE Fall Prevention & Balance Clinic at Mount View Care Center!

- Balance Testing
- Blood Pressure Screening
- Blood Sugar Screening
- Vision Screening (Bring Your Glasses)
- Medication Reviews (Bring Your Labeled Medication in Bag)
- Diet and Nutrition Reviews
- Warm Water Physical Therapy Information
- Advance Directives Information
- Talk with Doctors, Nurse Practitioners, Therapists & More!

FREE EVENT • OPEN TO PUBLIC • LIGHTS SNACKS & REFRESHMENTS

For more information call 715.848.4309, email info@norcen.org or visit us online at



North Central Health Care

Volunteer News



“Let your joy burst forth like flowers in the Spring.”

Holiday Hours

The offices of North Central Health Care will be closed on Memorial Day:

Monday, May 28

Mount View Care Center will remain open.

Volunteer Services 715.848.4450 • www.norcen.org



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North Central Health Care
Person centered. Outcome focused.
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